

A CONVERSATION WITH DR. BECKY KENNEDY

May 1, 1-2pm ET

Supporting parents raising Jewish kids is a goal we all share. The URJ is pleased to offer our congregational partners the opportunity to invite parents in your community to engage with valuable content addressing that goal.

On Monday, May 1st from 1-2pm ET, we welcome clinical psychologist and #1 *New York Times* bestselling author Dr. Becky Kennedy. “Dr. Becky” helps parents change the way they see and solve everyday issues in parenting. She connects with parents through multiple channels, including her website, Good Inside; her podcast with over 13 million downloads; and Instagram with over 1.7 million followers. We're certain that many parents in your community are among them.

We developed the [communication kit found here](#) for you to more easily share this experience with your community. This kit includes two samples of text to use in e-newsletters or email sends, as well as a sample social media post.

We look forward to joining in this experience together.

Please feel free to reach out to Stephanie Fink at sfink@urj.org with questions about the event.